

# Tabletopics: Describe and Act



## Summary

Describe and Act allows participants to practice their acting and instructional skills, while encouraging teamwork. One participant describes an activity while the other acts it out.

## Instructions

1. Have a pair of participants draw an activity/assign an activity.
2. One participant must describe the activity while the other acts out the steps.
3. Push them to continue for the duration of a table topic.

## Sample Topics

- Getting ready for a date (shower? Clothes? Makeup? Brush teeth? Breath mints?)
- Washing a dog, cat, car, bike.
- Opening a present (large? Small? Lots of layers of wrapping paper? Lots of tape?)
- Baking a cake (what ingredients? Flour, sugar, eggs, milk?)
- Thought they'd won the lottery only to discover they didn't.
- Out for a walk, starts to rain, get umbrella, NAYLP book gets wet, step in puddle...
- Playing soccer, or other sport (hockey, basketball, volleyball, martial arts...)
- Doing housework (vacuum, sweeping, mopping, dishes, make bed...)
- Playing a video game (what game? Racing? Which system? Wii? PS3? Kinect?)
- Playing a musical instrument (tuba, trumpet, flute, guitar, piano, saxophone...)