

Advanced Educational: Body Language



Educational Details

Time: 5 minutes

Meant for session #: 5

Content

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Activity Ideas

Contrast:

Have one youth stand perfectly still and recite something you've prepared that has lots of actions. Then have another youth (or the same youth) recite the same thing with actions. Ask which recitation was more memorable/interesting.

The Wave:

Do the wave in class.

Charades:

Get some participants to act out a sport, and get the others to guess which sport it is. You can choose what activity the participants act out (it is not limited to sports). Ideas:

Movies

Stereotypes

Hobbies

Chores

Describe and Act:

One youth describes an activity, the other acts it out. Ideas:

Getting ready for a date (shower? Clothes? Makeup? Brush teeth? Breath mints?)

Washing a dog, cat, car, bike.

Opening a present (large? Small? Lots of layers of wrapping paper? Lots of tape?)

Baking a cake (what ingredients? Flour, sugar, eggs, milk?)

Thought they'd won the lottery only to discover they didn't.

Out for a walk, starts to rain, get umbrella, NAYLP book gets wet, step in puddle...

Playing soccer, or other sport (hockey, basketball, volleyball, martial arts...)

Doing housework (vacuum, sweeping, mopping, dishes, make bed...)

Playing a video game (what game? Racing? Which system? Wii? PS3? Kinect?)

Playing a musical instrument (tuba, trumpet, flute, guitar, piano, saxophone...)